

JUST THIS DAY

Our world is busy and in the turmoil
we forget we all share the same space.

Families, communities and countries live
with conflict, poverty and disease.
how can we make a difference?

STOP for Just This Day

Go beyond nationality, religious difference or belief
and remember the still, silent presence
where everything is united.

That space is the same.

In cities or fields. Up mountains or in valleys.
In work, study or play. In fortune or adversity.
In peace or conflict.

In fact wherever YOU are.
It belongs to us all.

